

# HIGH TRUST THINKING-YOU'RE THE GREAT GIFT!

## A SCIENCE BASED, PERFORMING ART

Location: HEARST ES  
Date: AUGUST 2013  
Presenter: Dennis M. McLoughlin



Name [optional to you, important to me]

Molly Rawding

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100 .....  
One of the worst Average One of the Best



2. What three [3] ideas/concepts did you really like?

- a. take total ownership of your learning!
- b. make every moment richer!
- c. it's all about integrity!



3. What two (2) phrases/quotes in this workshop did you really like?

- a. personal and passionate
- b. get bold with your code



4. Dennis, I want more [and you'll have it!].....

High Trust and you!!

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

Yay, Den!  
Another fabulous, fun thought-provoking workshop!  
Yay! See you soon!  
Thanks for everything!  
You inspire!!  
Molly



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Name [optional to you, important to me]

Antonio Parker

1. How would you celebrate this workshop, overall:

*I think the best way to celebrate this workshop is to implement ARFF in my personal life and in the classroom*

0 10 20 30 40 50 60 70 80 90 100.....

One of the worst      Average      One of the Best

**100+**  
The Best Ever!

*the High Trust experience!*

2. What three [3] ideas/concepts did you really like?

- a. The idea of ARFF (Achievement, Respect, Freedom, FUN)
- b. Failure is where the learning begins.
- c. How teachers move toward "TRUST" and away from "FEAR"



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Failure is where the learning begins
- b. Trust people put their energy into the solution. Controllers put their energy into the problems.

4. Dennis, I want more [and you'll have it!].....TIME!!!  
We only had a week.



5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

I ~~to~~ did not have my father in my life (although I know him).

I was really touched by how you used the pain you have experienced with your father to

With total gratitude,  
*Dennis M. McLoughlin*



to protect <sup>(and develop)</sup> the most vulnerable  
in society, namely children (and animals)  
You are a ~~great example of a~~  
man who ~~stands~~ on his own  
~~principals, ~~without a pole~~ without~~  
~~apology.~~ I needed to see  
that. I always love to  
meet people who are  
FREE and secure.

THANK YOU !!!  
(my man! D - Nice!!!)

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Name [optional to you, important to me]

Allie Massingill

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best

ABSOLUTELY!

the High Trust experience!

100+

The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. Growing with Gratitude
- b. ~~Mistakes are~~ ARFF
- c. Ed | Safety | Health



3. What two (2) phrases/quotes

in this workshop did you really like?

- a. Success is the only option!
- b. Mistakes are where the new learning goes.



4. Dennis, I want more [and you'll have it!].....

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

ON BACK →

With total gratitude,

James M. McLoughlin



Denny,

This is my second time going through the class, and it was absolutely phenomenal. I love honing the couple of skills that I picked up last time and adding a couple more.

More than anything, the High Just model made me fall in love with myself and others again, ~~and~~ and reminded me why I have the best job in the world! I feel so blessed to have this new knowledge and appreciation for life.

Thank you!

Allie ☺

wow!

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Name [optional to you, important to me]

Crystal Gassert

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst                      Average                      One of the Best

the High Trust experience!

**100+**  
The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. you may only teach a positive.
- b. whoever protects the kids set the standard
- c. Health, education, safety



3. What two (2) phrases/quotes in this workshop did you really like?

- a. May I have support.
- b. <sup>we will</sup> you may never punish, but never let anything slide.



4. Dennis, I want more [and you'll have it!].....

Practice at doing the positive w/ parents!

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

This has made me proud of what I do in the classroom because I know I have the skills to make a difference. I never worry about observations or test scores because my kids trust me enough to choose success! With total gratitude.

*Dennis M. McLoughlin*

Thank you forever!



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Name [optional to you, important to me]

Denise Dawkins

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best

the High-Trust experience!

**100+**  
The Best Ever!

2. What three [3] ideas/concepts did you really like?

- Teaching kids to Think & be responsible
- Mistakes are where the new learning goes
- Teach to the standards and not punish



3. What two (2) phrases/quotes

in this workshop did you really like?

- "Yay you"
- "Live by your code"



4. Dennis, I want more [and you'll have it!].....

an online group (maybe facebook)  
where we can keep share ARFF  
and get support

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

THIS IS THE CLASS that made the BIGGEST difference in my teaching! I've had TONS of workshops in my (20+yr) teaching career and this has been the most practical class I've had.

With total gratitude,



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Name [optional to you, important to me]

Cat Holman

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst                      Average                      One of the Best

the High Trust experience!

**100+**  
The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. phrase everything positively
- b. It's always ok to ask for support!
- c. Celebrating kids!!!



3. What two (2) phrases/quotes

in this workshop did you really like?

- a. mistakes are where the learning goes
- b. questions invite thinking; telling develops dependency



4. Dennis, I want more [and you'll have it!].....

More practice w/ positive language (for next time...)

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

This workshop has really made me reframe my thinking about my classroom, but especially about myself & how I view things. I can't wait to get in my classroom & start

With total gratitude,

Dennis M. McLoughlin



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Name [optional to you, important to me]

Ashley Boyle

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

- a. finding/keeping ARFFisn't selfish
- b. You don't need to punish the kids, just help them get back on track



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Do you want me to listen or comment?
- b. That's ok, you may do it anyways.



4. Dennis, I want more [and you'll have it!].....

group sharing!  
ex. everyone gets to say something they are grateful for!

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,



This is going to revolutionize my personal life— I now know how to interact with my parents productively. I know to ask for what I want and say goodbye to those who don't respect me.

In the classroom, I have always known I wanted to respect children and encourage them rather than put them down. You have provided the tools for me to do so!

I will never forget when you said I am a zigzag and will do crazy and awesome things.



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Name [optional to you, important to me]

Sonia Chintua

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst                      Average                      One of the Best

the High Trust experience!  
**100+**  
The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. Giving myself ARFF
- b. ~~Love more, judge less~~ Have a code Sequence Theory



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Love more, judge less
- b. Those who blame lose the ability to change.



4. Dennis, I want more [and you'll have it!].....  
reminders during the school year.  
I would like to stay in touch with you as the year begins.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

This workshop sets me up to see my life as fun, exciting, and filled with joy. It allows me to love being a middle school teacher!

**Wow!**  
*Dennis M. McLoughlin*



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Name [optional to you, important to me]

---

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

- a. Establish Trust get kids to do
- b. ARFF
- Give permission teach Be responsible



3. What two (2) phrases/quotes

in this workshop did you really like?

- a. "Think + Be responsible."
- b. "What is your job? You may begin."



4. Dennis, I want more [and you'll have it!].....

Specific ways to deal w/ sick parents + teachers when "The buck stop here"

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

Love of kids

With total gratitude,

Kids had go to solution

Dennis is hilarious, sincere + honest! Unabashed.



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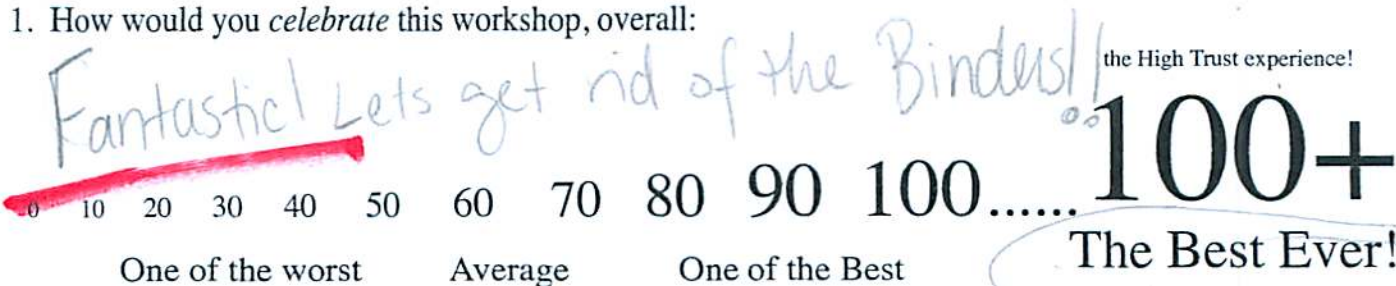
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Name [optional to you, important to me]

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

- a. ARFF
- b. the List



3. What two (2) phrases/quotes in this workshop did you really like?

- a. in TP we do not punish or let it slide we model
- b. those who blame don't change pract



4. Dennis, I want more [and you'll have it!].....

**Now**

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

Great workshop. The execution & performance emphasized & highlighted the "meat" of TP. The stories were so entertaining. Theatre + learning works. I could feel myself & those around me being influenced by your teachings. Can't wait for more success!

With total gratitude.



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Name [optional to you, important to me]

---

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst                      Average                      One of the Best

the High Trust experience!

**100+**

The Best Ever!

2. What three [3] ideas/concepts did you really like?

a. all positive trust

b. all the quotes



3. What two (2) phrases/quotes in this workshop did you really like?

a. If you wear linen, those people

b. who wear polyester think you don't even



4. Dennis, I want more [and you'll have it!].....

more of your classes and to see you more in our school

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

I love your energy and sense of humor.                      personality

With total gratitude,

*Dennis M. McLoughlin*



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Name [optional to you, important to me]

Mary Ball

1. How would you *celebrate* this workshop, overall:

Leave being so grateful I was invited to take this class!

the High Trust experience!

100+

The Best Ever!

One of the worst      Average      One of the Best

This is the best class, PD, etc. class I have ever taken. Practical

2. What three [3] ideas/concepts did you really like? <sup>skills to use in classroom</sup>

- a. ARFF \*
- b. When there is a problem - there is always a solution.



3. What two (2) phrases/quotes in this workshop did you really like?

- a. "I want or I would like support"
- b. "Making a mistake is an opportunity to learn"
- c. "If students can't do it... teach them"

4. Dennis, I want more [and you'll have it!].....  
- of you!!!

- opportunities to be more successful with my kids!



5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

This workshop will transform my relationship w/my kids, aides and faculty. This class is the way we should all treat each other... with respect.

With total gratitude.

Dennis M. McLoughlin

I can't say enough wonderful



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Name [optional to you, important to me]

Mary Ball

1. How would you *celebrate* this workshop, overall:

Leave being so grateful I was invited to take this class!

the High Trust experience!

**100+**

**The Best Ever!**

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best

This is the best class, PD, etc. class I have ever taken. Practical

2. What three [3] ideas/concepts did you really like? <sup>skills to use in classroom</sup>

- a. ARFF \*
- b. When there is a problem - there is always a solution.



3. What two (2) phrases/quotes in this workshop did you really like?

- a. "I want or I would like support"
- b. "Making a mistake is an opportunity to learn"
- c. "If students can't do it... teach them"

4. Dennis, I want more [and you'll have it!].....  
- of you!!!

- opportunities to be more successful with my kids!



5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

This workshop will transform my relationship w/my kids, aides and faculty. This class is the way we should all treat each other... with respect. With total gratitude.

Dennis M. McLoughlin

I can't say enough wonderful



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Name [optional to you, important to me]

Caitlin Thomas

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best

the High Trust experience!  
**100+**  
The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. Fill your ARFF
- b. Teach with the positive because you can't teach a negative.



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Mistakes are where the new learning
- b. You may... (show that with <sup>goes</sup> more respect)
- c. My experience is



4. Dennis, I want more [and you'll have it!].....  
support on the double scoop.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

LOVED - "throw away the list." With total gratitude.

- I realized that my movie is insecure.  
- loved: "my experience/perception is ..."

*Dennis M. McLoughlin*



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Name [optional to you, important to me]

Katy Moraghan

1. How would you *celebrate* this workshop, overall:

First year teacher and I couldn't think of a better way to kick off my <sup>career!</sup>

0 10 20 30 40 50 60 70 80 90 100 .....

One of the worst

Average

One of the Best

the High Trust experience!

**100+**

**The Best Ever!**

2. What three [3] ideas/concepts did you really like?

a. How do we show respect?

b. High trust discipline plan

c. How to show more gratitude.

3. What two (2) phrases/quotes

in this workshop did you really like?

a. Only can teach a positive.

b. Mistakes are where the learning goes.

4. Dennis, I want more [and you'll have it!].....

Workshops in the D.C. area



5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

Having gone to a Catholic Elementary School, I learned how to not trust teachers. However, I

Dennis M. McLoughlin



made it w/ the help of my parents.

Deony, your philosophy goes right w/

my parents philosophy of raising children,  
and now I have the skills and

confidence to apply it to my classroom,

My confidence of how to discipline and build

trust, has skyrocketed. This course has taught

me how to love myself ~~and~~ which, in turn,

helps me become the best educator I can

be. Everything from the "mistakes" motto, to

ARFF, and last but certainly not least how

to grow with gratitude, have given me the

skills to kick off my teaching career.

You better bet that I will be

back !!



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Name [optional to you, important to me]

Ruthy & Chuck Hawkins

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best

the High Trust experience!

**100+**

**The Best Ever!**

2. What three [3] ideas/concepts did you really like?

- a. Double Scoop
- b. Filling Your AREF!



3. What two (2) phrases/quotes in this workshop did you really like?

- a. "Throw away the list"
- b. "We eat treats to stay healthy, work/study/learn more, not to reward."



4. Dennis, I want more [and you'll have it!].....

See you soon!

**INCREDIBLE**

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

Thank you so much, Dennis, for saving my marriage, my faith, and my life.

With total gratitude,

Jennifer M. McLoughlin



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Name [optional to you, important to me]

Stephanie Johnson

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst                  Average                  One of the Best

the High Trust experience!

**100+**  
The Best Ever!

2. What three [3] ideas/concepts did you really like?

a. What you permit you teach.

b. We love mistakes because mistakes mean where the new learning goes!  
c) ARFF

3. What two (2) phrases/quotes

in this workshop did you really like?

a. Those who blame lose the ability to change.

b. Anyone you want to change, you don't respect.

4. Dennis, I want more [and you'll have it!].....  
time with you! YAY!

But seriously... practice of these wonderful skills!

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

**YAY! I LOVED YOU!**

This class has helped me to see where I can have more SUCCESS in my relationships with family ->

With total gratitude,

Dennis M. McLoughlin





friends, and fellow employees. And I am excited to start using this new found knowledge with my husband, first and with students.



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Name [optional to you, important to me]

Pati

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
 One of the worst                  Average                  One of the Best

Yay!

the High Trust experience!

100+

The Best Ever!

2. What three [3] ideas/concepts did you really like?



- a. ~~teach~~ <sup>you can only teach</sup> a positive not a negative
- b. Don't punish but don't let it slide.

3. What two (2) phrases/quotes in this workshop did you really like?



- a. You may try that again for more success.
- b. ~~Don't punish but don't let it slide~~  
How do we show respect?

4. Dennis, I want more [and you'll have it!].....

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
 [ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

*Dennis M. McLoughlin*



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Name [optional to you, important to me]

LaTasha (Nicole) Anderson

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

- a. Growing from Gratitude
- b. ~~Success is the only option~~  
Always speak in the positive.



3. What two (2) phrases/quotes

in this workshop did you really like?

- a. "Mistakes are where the learning goes"
- b. "That's ok... you can do it anyway!"  
Success is the only option.



4. Dennis, I want more [and you'll have it!]..... practice!.....

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
 [ON THE BACK IF YOU WANT MORE ROOM]

I came to this training for ideas on <sup>With total gratitude,</sup>  
 how to be even more positive with kids.  
 I left with more understanding about my  
 life! Thank You!! (this was a personal favor!)  
 😊

*Dennis M. McLoughlin*

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Name [optional to you, important to me]

Ramon

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....

One of the worst

Average

One of the Best



2. What three [3] ideas/concepts did you really like?

a. Getting rid of the list.

b. Mistakes are where the new learning goes

3. What two (2) phrases/quotes

in this workshop did you really like?

a. Everyone makes mistakes

b. You may do that again for more success.

4. Dennis, I want more [and you'll have it!].....



5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

*Dennis M. McLoughlin*



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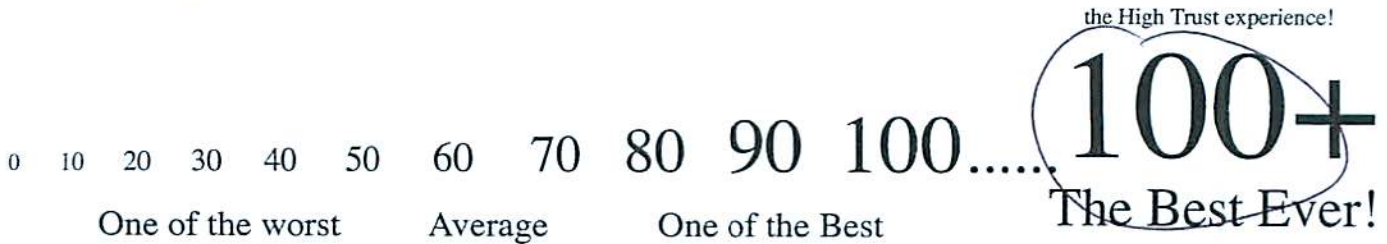
Location: HEARST ES  
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Name [optional to you, important to me]

Gene Atley

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

a. I liked the concepts behind identifying controllers.

b. I liked the idea behind "please and thank you"

c. I liked the 3 unconditional parental/teacher responsibilities, not being used for something they're supposed to do.

3. What two (2) phrases/quotes in this workshop did you really like?

a. Pain can stop a behavior, but it can never teach responsibility.

b. The more you talk about the problem, the lower the achievement. The more you focus on the solution the higher the achievement.

4. Dennis, I want more [and you'll have it!].....

I would like more advice for dealing with parents or staff that do not buy into High Trust.



5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

This was one of the most entertaining and thought provoking trainings I've ever received ... including under grad & graduate school courses. I'm excited to try these things. Thanks!

With total gratitude,  
Janis M. [Signature]



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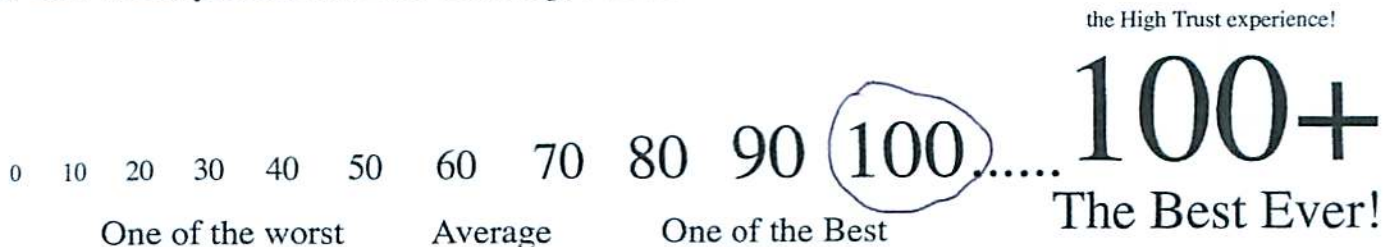
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Name [optional to you, important to me]

Timothy Harris

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

- a. Building Trust,
- b. Building upon Achievement,  
ARFF



3. What two (2) phrases/quotes in this workshop did you really like?

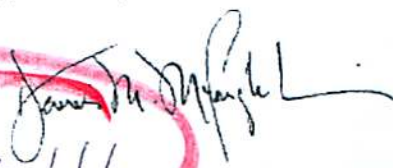
- a. Mistakes is where the Learning goes.
- b. Successful people get support, Failures get help



4. Dennis, I want more [and you'll have it!].....Support to  
learn to be a better teacher

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
 [ON THE BACK IF YOU WANT MORE ROOM]

To Learn and incorporate this  
 Concept will work so well in the classroom  
 and also in one's life. Be Positive!!!

With total gratitude,  




# HIGH TRUST THINKING-YOU'RE THE GREAT GIFT!

A SCIENCE BASED, PERFORMING ART

Location: HEARST ES

Date: AUGUST 2013

Presenter: Dennis M. McLoughlin



Name [optional to you, important to me]

Christy Zink

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....

One of the worst

Average

One of the Best

the High Trust experience!

# 100+

## The Best Ever!

2. What three [3] ideas/concepts did you really like?

a. ARFF

b. ~~ARFF~~ grawing w/ gratitude

3. What two (2) phrases/quotes

in this workshop did you really like?

a. ~~ARFF~~ have his ARFF <sup>you can't give what you don't have</sup>

b. <sup>have</sup> "the teacher is the most important person in the classroom"

4. Dennis, I want more [and you'll have it!]..... practice of the important skills!



5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

this was such a helpful workshop and I took so much away from it. I love the way that all students are valued and made successful. So glad I got to be here!

With total gratitude,  
*Dennis M. McLoughlin*